

## HEALTH & SAFETY BULLETIN

**Month:** October 2024

**Safety Tip:**

**Drugs & Alcohol Use**

- **There is Zero tolerance for commercial drivers;** Commercial drivers face zero tolerance sanctions for the presence of drugs or Alcohol.
- Being under the influence of cannabis, Afeem, alcohol, medication(s) which can impair your judgement, or any such substance which is detected by police to be an impairment to you driving abilities, can lead you to lose you license and even face criminal charges.
- **Depending on how much and the time you were consuming drugs or alcohol, it can still be in your system the next day** – if you were out parting Sunday and come to work Monday morning, you may possibly still be impaired, according to the Law.
- Moreover, being impaired while operating a vehicle can have deadly consequences.

**Spotlight:**

This Month's Standard Operation Procedure (SOP) review:

- [SOP - Orientation Guide](#)

